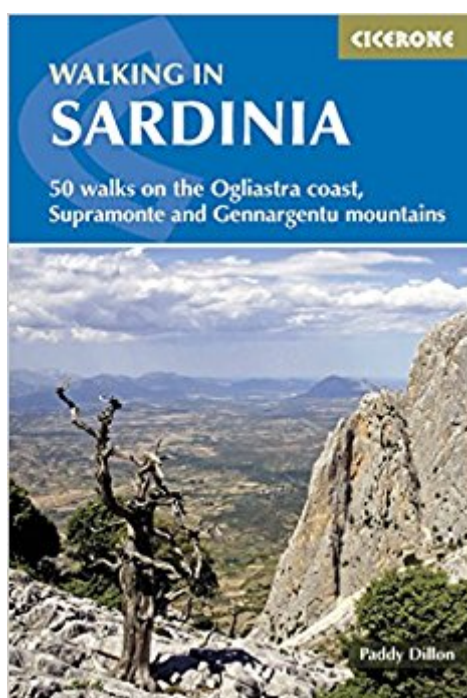




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# Walking In Sardinia: 50 Walks In Sardinia's Mountains (Cicerone Guides)



## Synopsis

The 50 routes in this guide cover the highest, wildest and most dramatic areas to be found on Sardinia. Set in an area formerly proposed as a national park, highlights include the rugged Ogliastro limestone coast and Gennargentu granite mountains. Routes use newly-waymarked forest tracks, traditional shepherds' paths and mule trails through dense macchia shrubland. A mixture of classic trails and new paths combines the popular and little-known. Ranging in difficulty and length (with some stepping away from well-trodden paths), many routes begin in quaint, historic mountain villages. Comprehensive planning information and details of facilities along the way provide everything readers need.

## Book Information

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## Customer Reviews

Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

I got the electronic and paper version. The paper version is small and light enough to pack if needed. The maps should be supplemented as recommended in the book, but this is a great

starting place for hiking in Ogliastra. Read carefully as the trails can be difficult to follow due to rock slides, etc. We had some trouble spotting cairns in spots and got through with good luck spotting cairns. The narrative was helpful in navigation but the maps are very basic. This is also entertaining reading for virtual hiking too.

We didn't have the opportunity to test many of the walks however the one that we did do, this book was very accurate in the length, the description, and the hardness or easiness of the walk. We had the same hike described in the lonely planet travel guide where it was described as a walk that was family-friendly. In fact the "walk" was about 2200 feet vertical where one of the hikers had to be airlifted out after severely breaking an ankle on the very rough, limestone short, extremely steep path. If you go to Sardinia and you like to hike get this book and spend time in the mountain region that this book focuses on. It is absolutely gorgeous.

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